A Framework for Family Discipleship

Here is a weekly rhythm for Family Discipleship that can be done throughout day-to-day life.

STEP 1. Read the Scripture, as a family, for the upcoming Sunday.

STEP 2. Receive the teaching at Hope’s Sunday Gathering- Kids and adults alike will receive

teaching on this week’s passage.

STEP 3. Family Discussion using the *Head, Heart, Hands Method\**

\*Can be done any time during the week, whether in the car, around the dinner table, at bed time or any other time that the Lord provides.

\*Everyone in the family is invited to share their responses to the questions below, including parents. Kids will be blessed by hearing how the Lord is teaching and shaping YOU and you will be blessed by hearing how the Lord is teaching your kids!

* HEAD- Know what the Scripture says.
  + Head Question Suggestions: Avoid quizzing kids on details they may not recall. Instead, ask something like:
    - “What do you remember about this week’s Scripture?”
    - “What can you tell me about the Bible passage?”
    - “Let’s see what we know, collectively, about today’s scripture?” (Feel free to re-read it aloud. Parents, help fill in: Who, what, where, when, why?)
* HEART- See what the scripture reveals about God’s heart.
  + Heart Question Suggestions:
    - What do you notice about God/Jesus?
    - Does this tell us something about what God is like?
    - How would you describe the Lord in this passage?
* HANDS- Follow the Lord’s example and obey his instructions.
  + Hands Questions Suggestions:
    - Is there something God is telling us to do?
    - Is there something we can do to trust God more?
    - What can we do differently in our lives based on this scripture?

STEP 4. REPEAT- Repeat the cycle by reading the Scriptures for the upcoming week (STEP 1 above) and work your way through the cycle again. Before long, your kids will know how to explore a Bible passage with the *Head, Heart, Hands Method* and each person in the family will be blessed by hearing and sharing how God is teaching them and shaping them through his Word.

A PRAYER FOR THE FAMILY

Dear Lord Jesus,

Help us to know you more and experience more of your power and love as a result of our family discipleship time. We need to hear your voice and receive the truth from your written word and from your Holy Spirit. Help us to hear you, to learn whatever you want to teach us, and give us the grace and humility to be shaped by you in the process. Help us, as parents, to remember these children are yours and you love them even more than we do.

We ask that you would draw each one of us to yourself. You have our lives and our futures in your hands and we trust that you will use our family discipleship time to grow us, to bless us, and accomplish your purpose in our lives. Please glorify yourself through us! In Jesus’ Name. Amen